

Belarmine Community Centre Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09:20 am				Baby music class (Big Room) 9:20AM to 12:20PM mischa@meandyoumusic.com			
09:35 am							
09:50 am	Stroller Fit (Big Room) 10AM to 11AM optimumfitnessireland@gmail.com	Hush Baby Massage and Yoga (Small Room) 10AM to 11:30AM Ph: Mary Beth Flett, 086 2335833			Move2Pilates (Small Room) 10AM to 11AM	Elite Dance Academy (Small Room) 10AM to 1PM Ph: Krystyn, 087 7518665	
10:05 am		Sensible Tots (Big Room) 10AM to 11AM	Move4Parkinsons (Big Room) 10:30AM to 12PM Ph: Sarah , 01 295 0060				
10:20 am							
10:35 am					Parent and Child Group (Big Room) 10AM to 12PM Ph:		
10:50 am							
11:05 am							
11:20 am							
11:35 am							
11:50 am							
12:05 pm							
12:20 pm							
12:35 pm							
12:50 pm							
1:05 pm							
1:20 pm							Ballet (Big Room) 9:30AM to 4PM darcy danceschoollouise@gmail.com
1:35 pm							
1:50 pm	Bridge (Big Room) 2PM to 4:30PM		Move4Parkinsons Set Dancing (Big Room) 2PM to 3:30PM Ph: Sarah , 01 295 0060				
2:05 pm			BMS Fitness (Small Room) 3PM to 6PM				
2:20 pm			Kickboxing (6-12yrs boys and girls) (Big Room) 4PM to 5PM Ph: Ger Walsh , 087 2828566				
2:35 pm							
2:50 pm					Marshall Academy of Irish Dance (Big Room) 3PM to 6:30PM Ph: 0861771444		
3:05 pm							
3:20 pm		Ballet (Big Room) 3:30PM to 4:10PM darcy danceschoollouise@gmail.com					
3:35 pm		Pauline's Irish Dancing (Small Room) 4:15PM to 5:15PM					
3:50 pm		Zumba Kids Fitness (Big Room) 4:30PM to 5:30PM Ph: Whatsapp Emma, 0858107247		Zumba Kids Fitness (Big Room) 4:30PM to 5:30PM Ph: Whatsapp Emma, 0858107247			
4:05 pm							
4:20 pm							
4:35 pm	Crosscare (Small Room) 4PM to 6PM						
4:50 pm							
5:05 pm							
5:20 pm							
5:35 pm							
5:50 pm							
6:05 pm							
6:20 pm		Elite Dance Academy (Small Room) 6:30PM to 7:30PM Ph: Krystyn, 087 7518665	Mens Pilates (Big Room) 6:30PM to 7:30PM Ph: Martin Luschin, 086-1736720				
6:35 pm		Club Boexercise (Big Room) 7:30PM to 8:30PM Ph: Ger Walsh , 087 2828566	Move2Pilates (Small Room) 7PM to 8PM	Pilates (Big Room) 7:30PM to 8:30PM Ph: Caroline Savage, 087 3934793			
6:50 pm	Zumba Bee Happy (Big Room) 7PM to 8PM fonamflavin@gmail.com		Set Dancing (Big Room) 8PM to 9PM Ph: Sarah , 01 295 0060	Yaz Yoga (Small Room) 8PM to 9PM info@yazyoga.com			
7:05 pm							
7:20 pm							
7:35 pm							
7:50 pm							
8:05 pm							
8:20 pm						Reserved Small Room 8:30PM to 9:30PM	
8:35 pm							
8:50 pm							
9:05 pm							
9:20 pm							



About Us

Established in 2010 to cater for the expanding Stepside community, we are very proud to say that we have grown hand-in-hand with our community to ensure we provide the services and amenities that you need.

We have developed a wide and varied range of classes to cater for all age groups including..... Ballet, Celtic Star Productions, Elite Dancing, Happy Feet, Hush Baby Massage, Kickboxing, Pilates, Piloxing, Playgroup, RhymeTime, Urban Rebounding, Yaz Yoga, Youth Cafe, Youth Club, Zumba.

If you would like to volunteer to develop the centre further or need any more information we'd love to hear from you.

Ionad Pobail Bheallairmín BELARMINÉ COMMUNITY CENTRE



**Belarmine Plaza, Belarmine, Stepside, Dublin
18**

E-mail: belarminecentre@gmail.com

**Belarmine Community Centre Ltd. manages the Belarmine Community Centre
on behalf of Dún Laoghaire - Rathdown County Council**

WWW.BELARMINECOMMUNITYCENTRE.IE



Location

